

Our Mission—“To promote the City of Livonia’s departments and services by creating municipal cable programming designed to inform, educate and entertain the community.”



December 2009 Programming Highlights

SIMPLE SELF DEFENSE

“Self defense should not be complicated.” Livonia Television brings you an exciting new series to our programming line-up: Simple Self Defense. Jeff Perkins, martial arts instructor and host of the show, has 37 years of martial arts experience. Just as impressive, Jeff also has 34 years of law enforcement experience and is currently a Lieutenant in the Livonia Police Department. The goal of this show is to educate those without any martial arts experience. Jeff provides very simple techniques to defend oneself in threatening situations. Grab a partner and practice in your own home!



COURTESY OF THE DEPARTMENT OF COMMUNITY RESOURCES AND THE CITY OF LIVONIA

Mayor: Jack E. Kirksey; **Council:** Laura M. Toy-President, Terry Godfroid-Marecki-Vice President, Joe Laura, James C. McCann, Brian Meakin, John R. Pastor, Thomas Robinson; **City Clerk:** Linda Grimsby; **City Treasurer:** Dennis K. Wright; **Judges:** Sean Kavanagh, Kathleen J. McCann; **Cable Commission:** Matt Bagazinski, Annette Kovalcheck, Rosanne Martell, Lowell Peterson, Neal Rifkin.